

Stephen G. Post

February 24, 2017

Greetings Friends:

Hoping that some of you will be in touch this spring as a few speeches and programs have me out and about. Catch you in:

Seattle on March 23 doing a keynote entitled Rx Its Good to be Good: Prescribing Volunteerism for Happiness, Health, Resilience & Longevity, for the [State of Washington Healthy Worksite Annual Summit](#);

Connecticut on April 6 doing the Plenary Address entitled Hope in Caring for Deeply Forgetful People: Enduring Selfhood and Being Open to Surprises for the [Alzheimers Association 20th Annual Educational Conference](#). This is the 20th anniversary conference, and believe it or not, 20 years ago I gave the plenary at the first conference!;

Cincinnati on April 20 to present The Darkening Shadow of Adolescent Addiction to Alcohol and Drugs: Spiritual Hope and Solutions in Painful Times for Cincinnati Childrens Hospital with colleagues Matt Lee of the University of Akron and Maria E. Pagano of University Hospitals of Cleveland;

Portland, Oregon on April 27 to present in the Distinguished Madeline Brill Nelson Speaker Series, Why Deeply Forgetful People Matter: Hope, Self-Identity and Health Care Ethics for Individuals with Dementia, at the Oregon Health Science University.

To catch up on video activities, see my website: [eBay-Heres Why Holiday Gifting Gives You all the Feels](#)

FYI, if you are interested in studying with me, apply to our [MA program in Medical Humanities, Compassionate Care and Bioethics](#).

Thanks everyone, and take care.

Cheers,
Stephen

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