

Stephen G. Post

January 30, 2018

Greetings Friends:

A brief FYI, my wife's husband just received the 2017 Paper of the Year Award from the editors of *The American Journal of Health Promotion* for his paper "**Rx: It's Good to be Good (G2BG): Prescribing Volunteerism for Health, Happiness, Resilience, and Longevity.**"

[Here is the link.](#)

Happy 2018

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