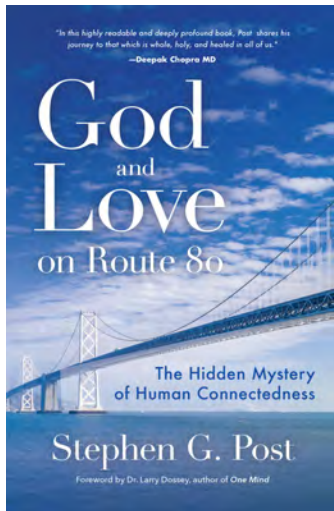


## NEW BOOK ANNOUNCEMENT

### God and Love on Route 80

The Hidden Mystery of Human Connectedness  
Stephen G. Post, PhD • Foreword by Larry Dossey



“After reading Stephen G. Post's personal coming-of-age story, you too will believe in ‘destiny more than goals.’ This compelling narrative unfolds around experiences of synchronicity that point to a subtle, benevolent source that links our apparently separate lives.”

Judy Rodgers, International Initiatives, Brahma Kumaris, and Founder and President of Images and Voices of Hope ([www.ivoh.org](http://www.ivoh.org))

*God and Love on Route 80* is more than an enchanting, beautiful book; it indicates the kind of awareness required if we are to survive the challenges we face as a species – the awareness of our connectivity and unity with all else, and the knowledge that our world is sacred, holy, and worth saving.”

Larry Dossey, bestselling author of *One Mind: How Our Individual Mind Is Part of a Greater Consciousness* and *Why It Matters*

For over twenty years, Stephen G. Post, PhD, has spread commitment to the greater good and the science of giving across the globe. He is the bestselling author of *Why Good Things Happen to Good People: How to Live a Longer, Happier Life by the Simple Act of Giving*, the founding director of the Institute for Research on Unlimited Love, and the founding director of the Center for Medical Humanities, Compassionate Care, and Bioethics at Stony Brook University in New York.

Post’s marriage of medicine and philosophy, grounded in thirty years of research, has inspired thousands to deepen their own happiness, health, and success by lifting up the people around them. In his latest book, *God and Love on Route 80: The Hidden Mystery of Human Connectedness* (Mango Publishing, August 15, 2019), Post brings his positive and powerful psychological message to readers via a gripping account of his own transformative experiences.

*God and Love on Route 80* is Post’s remarkable true story of faith, love, and fate. Compelled by a persistent and mysterious dream of a blue angel, Post leaves behind his family, friends, and routine life in New Hampshire in favor of thumbing a ride across the continent on a spontaneous road trip adventure. His journey culminates in an extraordinary encounter that turns out to be only the beginning of Post’s spiritual odyssey.

At once a lively personal narrative and an expansive introduction to Post’s uplifting philosophy, *God and Love on Route 80* explores the meaning of a life connected by graceful synchronicities. In an account animated by deep intuition, Post interprets his incredible experiences as guidance from God and compelling proof of humanity’s fundamental unity.

Readers will delight in in this lighthearted account of a magical life elevated by the divine precisely because of its grounding in down-to-earth human connection.

Truly a road trip for the ages, *God and Love on Route 80* guides readers to the wisdom we all find by paying close attention to the synchronicities and sanctity in our lives. Join Post on his journey along Route 80 and through life to discover that we are all connected to nature, to God and to one another through an infinite Mind, that it is by helping others that we help ourselves, and that the path to limitless love will find us and guide us if only we manage to stumble upon it.

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### IN PRAISE OF *God and Love on Route 80*

“In this highly readable and deeply profound book, Post shares his journey to that which is whole, holy, and healed in all of us.”

**Deepak Chopra**, bestselling author of *You Are the Universe: Discovering Your Cosmic Self and Why It Matters*, and *Synchrodestiny: Harnessing the Infinite Power of Coincidence to Create Miracles*

“It takes a large and open heart to take in the invitation to faith of this vocation story. I’m more alive and alert now for having read it.”

**Sister Helen Prejean**, author of *Dead Man Walking* and *River of Fire: My Spiritual Journey*

“In this fascinating and moving spiritual adventure story, a boy follows a dream... and it leads him on a journey of amazing encounters that reveal deep truths about the nature of the universe and the power of unlimited love. Rarely has a book so vividly captured the ways in which the human mind is connected with the divine, and how through synchronicity we can be guided and supported by a presence in the universe that is greater than ourselves. Here is inspiration for anyone seeking the courage to live their dream ‘because,’ as Post reminds us, ‘if you don’t you will always wonder what you might have discovered if you had.’ ”

**Ann Kathleen Bradley**, writer and alumna, Harvard Divinity School and Union Theological Seminary

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### ABOUT THE AUTHOR

**Stephen G. Post, PhD**, is the bestselling author of *Why Good Things Happen to Good People: How to Live a Longer, Happier, Healthier Life by the Simple Act of Giving* (Random House, 2008). *The British Medical Journal* designated his book, *The Moral Challenge of Alzheimer Disease* (Johns Hopkins University Press, 1995), a medical classic of the 20<sup>th</sup> century. Post is among a handful of individuals awarded the Distinguished Service Award by the national Alzheimer’s Association. In 2001 he founded the Institute for Research on Unlimited Love, which researches and distributes knowledge on kindness, giving, and spirituality. A frequent contributor to major magazines and newspapers including *The Washington Post*, *The Wall Street Journal*, and *Time Magazine*, Post has appeared on *The Daily Show* among other national television programs. Post served as a co-chair of the United Nations Population Fund conference on spirituality and global transformation. He is a Professor in the Department of Preventive Medicine at Stony Brook University, and the founder and director of the Stony Brook Center for Medical Humanities, Compassionate Care and Bioethics. A leader in medicine, research and religion, Dr. Post’s latest book is a meditation on the meaning of life and the importance of spirituality. Visit him online at [StephenGPost.com](http://StephenGPost.com) and [UnlimitedLoveInstitute.org](http://UnlimitedLoveInstitute.org).

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by **Stephen G. Post, PhD**

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