

March 27, 2017

## Rx It's Good to be Good

Dear Friends.

Every once in a while you write something that gets a lot of attention. Here is a new article on how we are at a point where helping others might justifiably be prescribed for very many people: Rx It's Good to be Good. This was the recent lead article in the American Journal of Health Promotion. See what you think and send me your ideas.

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